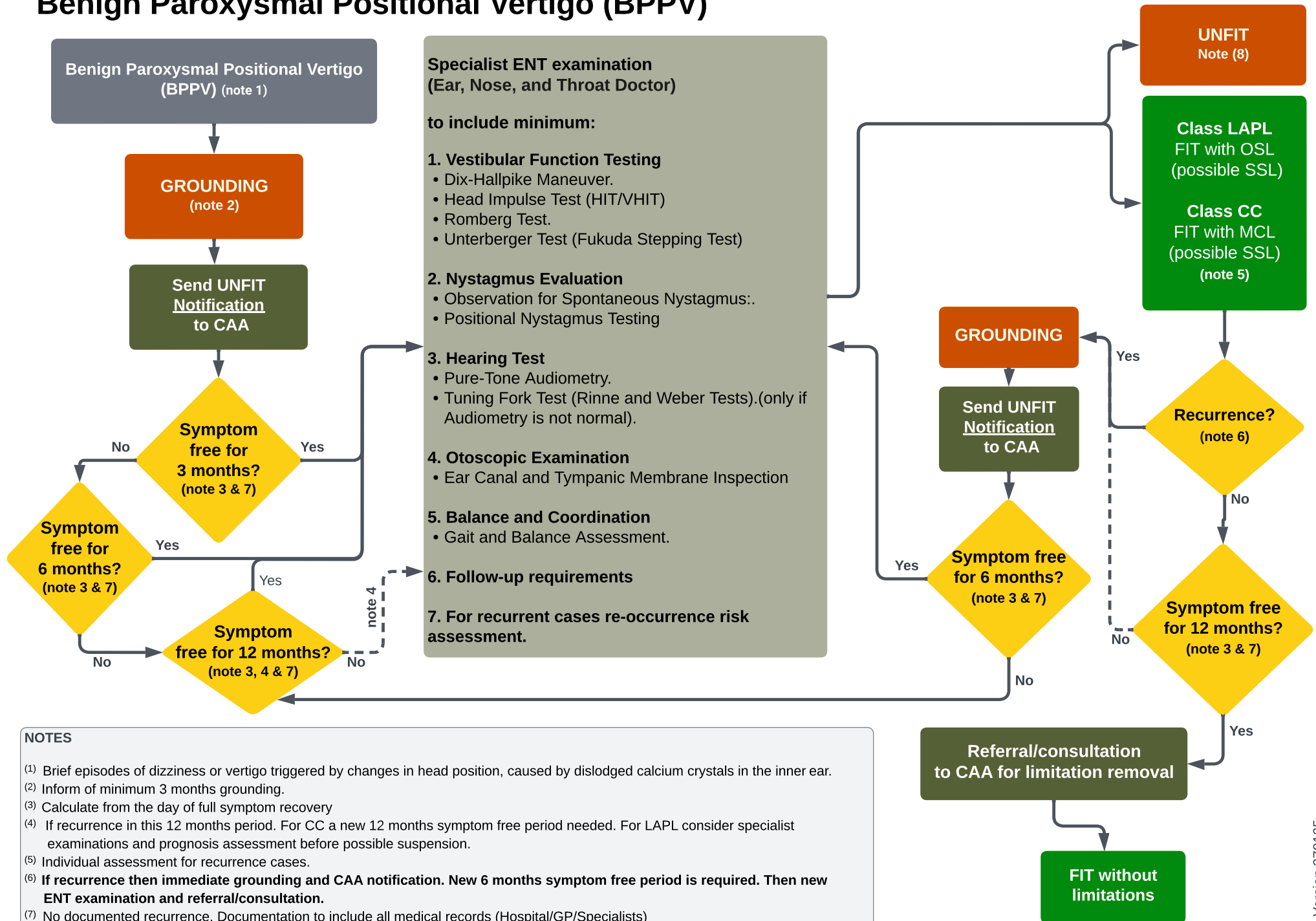


Benign Paroxysmal Positional Vertigo (BPPV)



NOTES

(1) Brief episodes of dizziness or vertigo triggered by changes in head position, caused by dislodged calcium crystals in the inner ear.

(2) Inform of minimum 3 months grounding.

(3) Calculate from the day of full symptom recovery

(4) If recurrence in this 12 months period. For CC a new 12 months symptom free period needed. For LAPL consider specialist examinations and prognosis assessment before possible suspension.

(5) Individual assessment for recurrence cases.

(6) **If recurrence then immediate grounding and CAA notification. New 6 months symptom free period is required. Then new ENT examination and referral/consultation.**

(7) No documented recurrence. Documentation to include all medical records (Hospital/GP/Specialists)

(8) For LAPL consider contact to CAA for suspension